# Unmet Needs in Second-Line Therapy for ER-Positive, HER2-Negative Advanced Breast Cancer

The publication of this infographic was sponsored by Menarini Stemline and is based on a symposium presented at the European Society for Medical Oncology (ESMO) Congress 2024.

EMJ Oncol. 2024; https://doi.org/10.33590/emjoncol/PNEF1473.

# 1) First-Line Standard of Care Treatment



First-line standard of care treatment for ER+/HER2- advanced breast cancer is endocrine therapy plus a CDK4/6 inhibitor<sup>1,2</sup>

 The median duration of treatment with endocrine therapy plus a CDK4/6 inhibitor based on pivotal trials is 15-21 months<sup>3-9</sup>



However, most patients will eventually develop resistance to endocrine therapy<sup>7-11</sup>

 Resistance can be classified by clinical and molecular variables<sup>1</sup> [Fig 1]

# Figure 1: Mechanisms of resistance to endocrine therapy in ER+/HER2- advanced breast cancer<sup>1,12-16</sup>

#### Molecular

### Clinical

**Primary** 

Disease progression

of first-line ET for aBC

within the first 6 months

#### **Intrinsic**

Alterations to the PI3K/AKT/mTOR pathway, RB1 downregulation, or TP53 activation

#### **Acquired**

Mechanisms of resistance occuring after prior endocrine therapy in aBC

### **Secondary**

Disease progression ≥6 months after initiating ET for aBC

### **ESR1** mutation is a key mechanism of acquired resistance

Mutation of the ER ligand-binding domain causes it to be constitutively active, and therefore ligand independent ESR1 mutations affect up to 40% of ER+ aBC cases previously treated with ET<sup>17</sup>

### 2) Second-Line Treatment Options after ET+CD4/6i



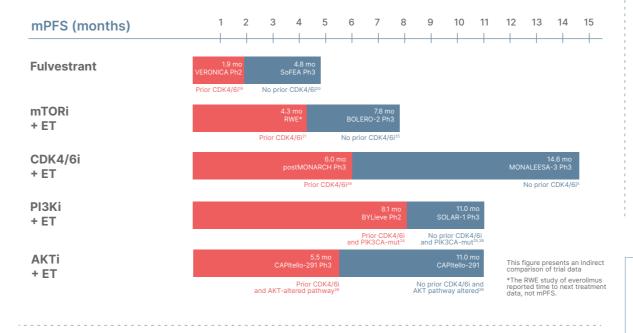
Guidelines recommend exhausting sequential endocrine therapy options following first-line treatment with ETs and CDK4/6 inhibitors<sup>1,2,18</sup>

#### However:

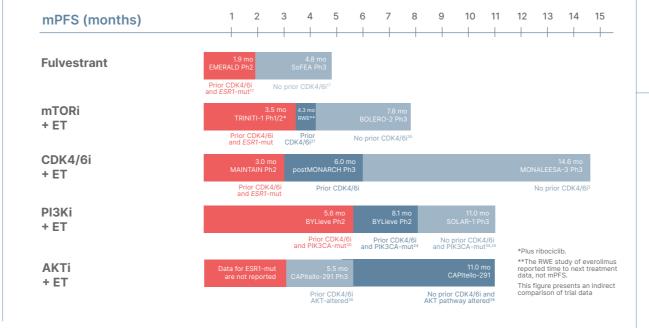
- Available regimens are far less efficacious in patients with prior CDK4/6 inhibitor exposure<sup>5,19-26</sup> [Fig 2]\*
- Most regimens are less efficacious in patients with prior CDK4/6 inhibitor exposure and PIK3CA or *ESR1* mutations than in those without<sup>5,17,20-30</sup> [Fig 3]\*
- Combination therapy with CDK4/6 inhibitors is associated with Grade 3/4 AEs of diarrhoea, rash, and hyperglycaemia, and combinations with PI3K/AKT/mTOR pathway inhibitors are associated with myelosuppression and diarrhoea<sup>7,10,31-42</sup> [Fig 4]

\* based on indirect comparisons of trial data

## Figure 2: Efficacy of second-line therapy in ER+/HER2- advanced breast cancer with prior CDK4/6 inhibitor therapy



# Figure 3: Efficacy of second-line therapy in ER+/HER2- advanced breast cancer with prior CDK4/6 inhibitor therapy and *ESR1* mutation



### Figure 4: ET combinations with CDK4/6 inhibitors and PI3K/AKT/mTOR inhibitors<sup>7,10,31-42</sup>

inhibitors

### AEs and discontinuation rates

#### CDK4/6 inhibitors

- E.g. neutropenia, leukopenia, infections, and diarrhoea
- Discontinuation due to AEs in up to 19% of patients

### PI3K/AKT/mTOR

- E.g. diarrhoea, rash, and hyperglycaemia
- Discontinuation due to AEs in up to 24% of patients

### Intramuscular injection

Combinations with fulvestrant require intramuscular injection

### 3) Conclusion

- Treatment of patients who experience disease progression on ET plus CDK4/6 inhibitors is challenging<sup>43</sup>
- Despite the promise shown by multiple targeted and endocrine therapies in this setting, outcomes remain suboptimal, and combination therapies are often associated with AEs<sup>7,10,31-42</sup>
- Resistance mechanisms can be acquired during first-line therapy (i.e., ESR1-mut)
  Testing should be done at each progression (if not detected previously). Blood
  ctDNA is the preferred methodology<sup>2,18</sup>

#### Abbreviations

aBC: advanced breast cancer; AE: adverse event; AKT: protein kinase B; CDK4/6: cyclin-dependent kinase 4/6; CDK4/6i: cyclin-dependent kinase 4/6 inhibitor; ER: oestrogen receptor; ET: endocrine therapy; FGFR1: fibroblast growth factor receptor 1; HER2: human epidermal growth factor receptor 2; mo: months; mPFS: median progression-free survival; mTOR: mechanistic target of rapamycin; mut: mutation; PARP: poly ADP ribose polymerase; Ph: Phase; PFS: progression-free survival; PI3K: phosphoinositide 3-kinase; RAS-MAPK: rat sarcoma-mitogen-activated protein kinase; RB1: retinoblastoma protein; RWE: real-world evidence; TP53: tumour protein p53.

See references on next page.

#### References

- Gennari A et al.; ESMO Guidelines Committee. ESMO Clinical Practice Guideline for the diagnosis, staging and treatment of patients with metastatic breast cancer. Ann Oncol. 2021;32(12):1475-95.
- Burstein HJ et al. Endocrine treatment and targeted therapy for hormone receptor-positive, human epidermal growth factor receptor 2-negative metastatic breast cancer: ASCO Guideline Update. J Clin Oncol. 2021;39(35):3959-77.
- Finn RS et al. Overall survival (OS) with first-line palbociclib plus letrozole (PAL+LET) versus placebo plus letrozole (PBO+LET) in women with estrogen receptor-positive/ human epidermal growth factor receptor 2-negative advanced breast cancer (ER+/HER2- ABC): Analyses from PALOMA-2. Abstract LBA1003. ASCO Annual Meeting II, 3-7 June, 2022.
- Eli Lily and Company. VERZENIO (abemaciclib). FDA prescribing information. 2023. Available at: https://www.accessdata. fda.gov/drugsatfda\_docs/ label/2023/208716s010s011lbl.pdf. Last accessed: 3 April 2024.
- Slamon DJ et al. Overall survival with ribociclib plus fulvestrant in advanced breast cancer. N Engl J Med. 2020;382:514-24.
- Im SA et al. Overall survival with ribociclib plus endocrine therapy in breast cancer. N Engl J Med. 2019;381:307-16.
- Pfizer. Ibrance (palbociclib). Prescribing information. 2022. Available at:https://www.accessdata.fda.gov/drugsatfda\_docs/label/2022/207103 s015lbl.pdf. Last accessed: 3 April 2024.
- Pfizer. Ibrance (palbociclib). Summary of product characteristics. 2024. Available at: https://www.ema.europa.eu/en/documents/product-information/ibrance-epar-product-information\_en.pdf. Last accessed: 9 July 2024.
- Hortobagyi GN et al. Updated results from MONALEESA-2, a phase III trial of first-line ribociclib plus letrozole versus placebo plus letrozole in hormone receptor-positive, HER2-negative advanced breast cancer. Ann Oncol. 2018;29(7):1541-7.
- Tripathy D et al. Ribociclib plus endocrine therapy for premenopausal women with hormone-receptor-positive, advanced breast cancer (MONALEESA-7): a randomised phase 3 trial. Lancet Oncol. 2018;19(7):904-15.
- Johnston S et al. MONARCH 3 final PFS: a randomized study of abemaciclib as initial therapy for advanced breast cancer. NPJ Breast Cancer. 2019:5:5.
- 12. Patel R et al. An emerging generation of endocrine therapies in breast cancer: a clinical perspective. NPJ Breast Cancer. 2023;9(1):20.
- Rani A et al. Endocrine resistance in hormone receptor positive breast cancer-from mechanism to therapy. Front Endocrinol (Lausanne). 2019:10:245.
- Xu X-Q et al. Intrinsic and acquired resistance to CDK4/6 inhibitors and potential overcoming strategies. Acta Pharmacol Sin. 2021;42(2):171-8.
- Belachew EB, Sewaseq DT. Molecular mechanisms of endocrine resistance in estrogen-receptor-positive breast cancer. Front Endocrinol. 2021;12:599586.
- Lei JT et al. Endocrine therapy resistance: new insights. Breast. 2019;48(Suppl 1):S26-30.
- Bidard F-C et al. Elacestrant (oral selective estrogen receptor degrader) versus standard endocrine therapy for estrogen receptor-positive, human epidermal growth factor receptor 2-negative advanced breast cancer: results from the randomized phase III EMERALD trial. J Clin Oncol. 2022;40(28):3246-56.
- ESMO. ESMO Metastatic Breast Cancer Living Guideline ER-positive HER2-negative Breast Cancer. https://www.esmo.org/living-guidelines/esmo-metastatic-breast-cancerliving-guideline/er-positive-her2-negative-breast-cancer. Last accessed 03 April 2024
- Lindeman GJ et al. VERONICA: randomized phase II study of fulvestrant and venetoclax in ER-positive metastatic breast cancer post-CDK4/6 inhibitors - efficacy, safety, and biomarker results. Clin Cancer Res. 2022;28(15):3256-67.
- Johnston SR et al. Fulvestrant plus anastrozole or placebo versus exemestane alone after progression on non-steroidal aromatase inhibitors in postmenopausal patients with hormone-receptor-positive locally advanced or metastatic breast cancer (SoFEA): a composite, multicentre, phase 3 randomised trial. Lancet Oncol 2013;14:989–98.
- 21. Rozenblit M et al. Patterns of treatment with everolimus exemestane in hormone receptor-positive HER2-negative metastatic breast cancer in the era of targeted therapy. Breast Cancer Res. 2021;23(1):14.
- Yardley DA et al. Everolimus plus exemestane in postmenopausal patients with hr+ breast cancer: BOLERO-2 final progression-free survival analysis. Adv Ther 2013;30:870–884.
- 23. Data on file. Presented at ASCO 2024.
- Chia S et al. Alpelisib + endocrine therapy in patients with PIK3CA-mutated, hormone receptor-positive, human epidermal growth factor receptor 2-negative, advanced breast cancer: Analysis of all 3 cohorts of the BYLieve study. ASCO 2023. P1078.

- André F, et al. Alpelisib for PIK3CA-mutated, hormone receptor-positive advanced breast cancer. N Engl J Med 2019;380:1929–40.
- Turner NC et al. Capivasertib in hormone receptor-positive advanced breast cancer. N Engl J Med 2023;388:2058–70.
- Bidard F-C et al. Elacestrant (oral selective estrogen receptor degrader)
  versus standard endocrine therapy for estrogen receptor-positive,
  human epidermal growth factor receptor 2-negative advanced breast
  cancer: results from the randomized phase III EMERALD trial. J Clin
  Oncol. 2022;40(28):3246–56.
- 28. Hurvitz SA et al. Abstract PD13-03: Ribociclib, everolimus, exemestane triplet therapy in HR+/HER2- advanced breast cancer after progression on a CDK4/6 inhibitor: Final efficacy, safety, and biomarker results from TRINITI-1. Cancer Res. 2022;82(4\_Supplement):PD13-03.
- Kalinsky K et al. Randomized phase II trial of endocrine therapy with or without ribociclib after progression on cyclin-dependent kinase 4/6 inhibition in hormone receptor-positive, human epidermal growth factor receptor 2-negative metastatic breast cancer: MAINTAIN Trial. J Clin Oncol. 2023;41:4004–4013.
- 30. Turner S et al. Abstract PD15-01: Impact of ESR1 mutations on endocrine therapy (ET) plus alpelisib benefit in patients with hormone receptor-positive (HR+), human epidermal growth factor receptor 2-negative (HER2-), PIK3CA-mutated, advanced breast cancer (ABC) who progressed on or after prior cyclin-dependent kinase inhibitor (CDK4/6i) therapy in the BYLieve trial. Cancer Res. 2022;82(4\_Supplement):PD15-01
- Novartis. Kisqali (ribociclib). Prescribing information. 2023. Available at: https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/209092s0 16lbl.pdf. Last accessed: 3 April 2024.
- Novartis. Kisqali (ribociclib). Summary of product characteristics. 2024. Available at: https://www.ema.europa.eu/en/documents/product-information/kisqali-epar-product-information\_en.pdf. Last accessed: 9 July 2024.
- Eli Lilly and Company. Verzenio (abemaciclib). Prescribing information. 2023. Available at:https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/208716 s010s011lbl.pdf. Last accessed: 3 April 2024.
- Eli Lilly and Company. Verzenios (abemaciclib). Summary of product characteristics. 2024. Available at: https://www.ema.europa.eu/en/documents/product-information/verzenio s-epar-product-information\_en.pdf. Last accessed: 9 July 2024.
- Novartis. Afinitor (everolimus). Prescribing information. 2022. Available at: https://www.accessdata.fda.gov/drugsatfda\_docs/label/2022/203985s0 23,022334s051lbl.pdf. Last accessed: 3 April 2024.
- Novartis. Afinitor (everolimus). Summary of product characteristics.
   2022. Available at: https://www.ema.europa.eu/en/documents/product-information/afinitor-epar-product-information\_en.pdf. Last accessed: 9 July 2024.
- Novartis. Piqray (alpelisib). Prescribing information. 2024. Available at:https://www.accessdata.fda.gov/drugsatfda\_docs/label/2024/212526 s009lbl.pdf. Last accessed: 3 April 2024.
- Novartis. Piqray (alpelisib). Summary of product characteristics. 2024.
   Available at: https://www.ema.europa.eu/en/documents/product-information/piqray-e par-product-information\_en.pdf. Last accessed: 9 July 2024.
- AstraZeneca. Truqap (capivasertib). Prescribing information. 2023.
   Available at: https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/218197s00
   Olbl.pdf. Last accessed: 3 April 2024.
- AstraZeneca. Truqap (capivasertib). Summary of product characteristics. 2024. Available at: https://www.ema.europa.eu/en/documents/product-information/truqap-epar-product-information\_en.pdf. Last accessed: 17 July 2024.
- AstraZeneca. Faslodex (fulvestrant) Prescribing Information. 2021. Available at:https://www.accessdata.fda.gov/drugsatfda\_docs/label/2021/021344s 044lbl.pdf. Last accessed: 3 April 2024.
- AstraZeneca. Faslodex (fulvestrant). Summary of product characteristics. 2024. Available at: https://www.ema.europa.eu/en/documents/product-information/faslodex -epar-product-information\_en.pdf. Last accessed: 9 July 2024.
- Mittal A et al. Filling the gap after CDK4/6 inhibitors: novel endocrine and biologic treatment options for metastatic hormone receptor positive breast cancer. Cancers. 2023;15(7):2015.